

# COMMUNITY UNIT SCHOOL DISTRICT NO. 1

550 S Carbon Hill Road  
COAL CITY, ILLINOIS 60416-9526

## Board of Education

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District Phone: 815-634-2287  
District Fax: 815-634-8775

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LUKE KRIPPEL, Director of Special Populations  
[www.coalcitieschools.org](http://www.coalcitieschools.org)

## Building Administration

ARTHUR STAFFORD, Principal  
High School 815-634-2396  
TRAVIS JOHNSON, Principal  
Middle School 815-634-5039  
TRACY CARLSON, Principal  
Intermediate School 815-634-2182  
TARYN TROTTER, Principal  
Elementary School 815-634-2334  
AMANDA DAVIDSON, Principal  
Early Childhood Center 815-634-5042

Dear Parents/Guardians,

On Friday, May 3rd at 2:10, the 4th grade GIRLS will be shown a video on personal hygiene and growth changes. The video is titled “Always Changing”. This video discusses menstruation and physical changes occurring at this age. **Your daughter will view this video and have a short group discussion prior to and shortly after the video unless we are notified by you.** We would be happy to answer any questions you may have and can be contacted at 815-634-2182 ext. 1502.

Below is the link to view the video we will be showing:

<https://youtu.be/gv21b3ZpSLg?si=-a0dZLN51yy7eeg>

Sincerely,

Carol Budde, CCIS Health Aide  
Danielle Meyer, RN District Nurse